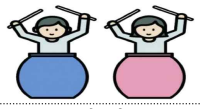
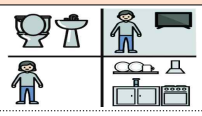
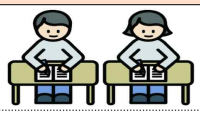
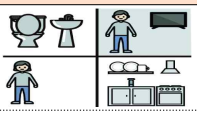
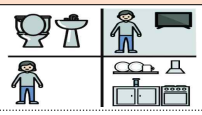
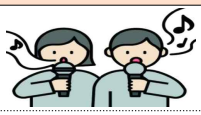
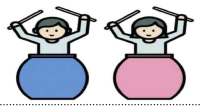
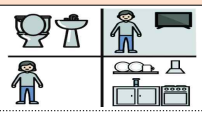
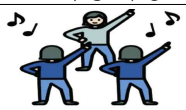
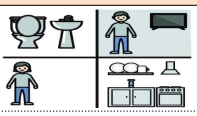
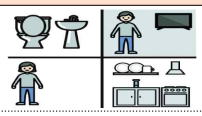
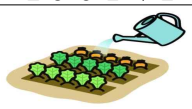
루하마장애인주간보호센터

3월 프로그램 계획안

	월	화	수	목	금
1주					1
오전					
요후					삼일절
2주	4	5	6	7	8
오전	 그·리·다	 인바디체크 이용인회의	 tea class	 난타	 일상생활지원
요후	 함께 걷는 숲	 작업활동경험	 라인댄스	 건강마일리지	 루팜-이랑만들기
3주	11	12	13	14	15
오전	 그·리·다	 학습지도	 일상생활지원	 tea class	 일상생활지원
요후	 함께 걷는 숲	 루팜-씨감자심기	 라인댄스	 건강마일리지	 송슬기씨 생일파티
4주	18	19	20	21	22
오전	 그·리·다	 안전교육	 노래방이용	 난타	 일상생활지원
요후	 함께 걷는 숲	 우리동네 말끄미	 라인댄스	 건강마일리지	 요리활동
5주	25	26	27	28	29
오전	 그·리·다		 일상생활지원	 미술	 일상생활지원
요후	 함께 걷는 숲	지역사회이용	 라인댄스	 건강마일리지	 루팜

※ 프로그램 일정은 상황 및 날씨에 따라 변경, 추가될 수 있습니다.